

Organisms

4. Digestion

CONCEPT 2

TEST YOURSELF

EFFECTS OF AN UNBALANCED DIET

KNOW

- Q1 What does your BMI measure?
- Q2 What are the main physical effects of obesity and starvation?

APPLY

- Q3 Why do children need more calcium than adults?
- Q4 In recent years, children living in developed countries have spent more time indoors. Why has there been a rise in rickets in recent years?

EXTEND

- Q5 Why would eating oranges help to prevent scurvy?
- Q6 Why is it difficult to estimate the number of people dying from obesity?